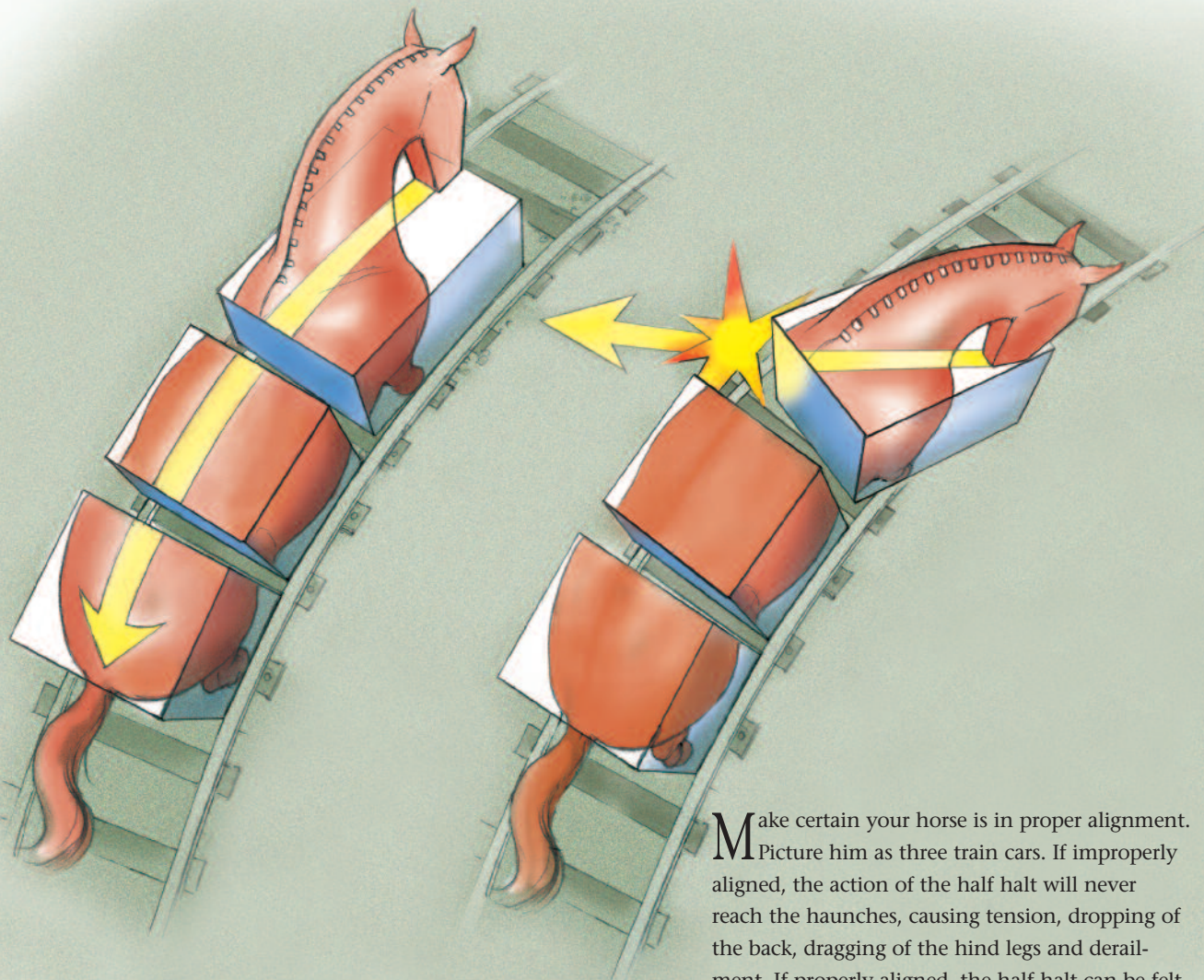


To improve the effectiveness of your half halts ...



Make certain your horse is in proper alignment. Picture him as three train cars. If improperly aligned, the action of the half halt will never reach the haunches, causing tension, dropping of the back, dragging of the hind legs and derailment. If properly aligned, the half halt can be felt in the last car, the haunches.—*Martin Kuhn*

Martin Kuhn is a trainer and instructor at StarWest, a dressage facility in central Illinois, and currently is studying with Gerhard Politz. In 2002 and 2003, Kuhn was a member of the Region 2 Young Rider team aboard Romulus. A winner of The Dressage Foundation's 2004 European Young Rider trip, he is enrolled in the U.S. Dressage Federation's Instructor Certification program.